

## How Did Acutonics® Camp Come To Be?

by Katie Mink, Lac



In 2004, I decided to buy a piece of land in Mt Shasta, California. As a native Californian, the concept that I would be able to buy a house was dimming on the horizon, and my Capricorn rising self wanted to own a piece of Earth, in the mountains, just in case. I love to camp and be outdoors, so having a house on the land was not on the top of the list. I have been coming up to Mt Shasta from the Bay Area for 15 years, sometimes 3 or 4 times each Summer. Mt Shasta has its own magic, majesty, and mystery. As an international place of pilgrimage. It is a beautiful place with rivers and lakes that are easily accessible - a generous place, where every hike and lake and river can be accessed for free.

I found a 5-acre piece of level forested land, an easy place to access yet it felt remote. Once I owned it, I wanted to share this beauty in a Jupiterian way. Laurie Herron and I held all kinds of camping gatherings for many Summers, finally deciding to share the “teaching trees” with our students as well. We had one Neptunian event that was focused solely on the development of one’s intuitive abilities: “How to know what you know, hear what you hear and see what you see!” It was so fun, every time, no matter what the topic was. At each event, we love to see the delight of people who have never camped before, and the already experienced avid campers love that they can spread out anywhere on the 5-acres.

In 2014, the idea arose to hold an official “Acutonics Camp” on the land where we could deepen the vast curriculum that is Acutonics. Acutonics classes are so “nutrient dense”, there is so much that can be expanded on—so many tangents to follow—so much to share—so little time! And the people drawn to Acutonics are truly amazing. As a teacher, it is hard to say goodbye after classes because we have such a great time together. So, we created a Venusian Jupiterian Mercury Camp where Sun Moon Earth Demeter Hestia Neptune Hygiea would be honored with gongs, art, poetry, and practice sessions!

There is enough Saturn that lots of great teaching gets accomplished, and the right amount of Uranian influence so that spontaneous insights and fun can be felt in every way. Students can attend just to have a fun, experiencing a nature vacation with like-minded souls and/or fulfill credits for an elective class, or receive Acutonics Clinical Hours, as we practice the Daoist concepts of “Heaven, Earth and I are One” under the canopy of stars, and experience the new or full Moon off the grid. Our classroom is outside under a canopy of evergreen trees, our kitchen is under the protection of beautiful Incense Cedars. Such good food!

Each year Camp is different, but there is a group of people who love it so much they return every year, bringing enthusiasm and deepening our community in ways we never could have imagined. Laurie and I are so grateful to the gifts they bring and the labor of love they contribute. We could not put on Camp without them! We have had students from many countries, from all over the US and Canada; people who have just begun their journey with Acutonics Level I or advanced students enjoying a possibility to get many clinical hours in one place.

We are so honored to have had many Acutonics teachers come join us at Camp! For our inaugural session we loved having Ellen Franklin - as a Camper! A blessing to have her come - and return 2 years later! Judy Bernard has come several times, bringing so many of her gongs to join ours. Ling Chen, Alice Adeboi, Will Vukmanic, Mary Burke Kelly have each come to join

us and share their wisdom in myriad ways. We met Theresa Lee at our first Camp before she became a teacher! Last year we paused for COVID- 19 safety, but this year we are already in full preparation for Camp: Thursday, July 15-Sunday, July 18th. Everyone Welcome!

To find out more about Acutonics Camp: [westcoastacutonics.com](http://westcoastacutonics.com), (510) 816-3731.

